

TYPICAL TUSCAN COOKING CLASSES



Arianna & Friends – *The most authentic tours in Tuscany* Via Salaiola 50/10 & 50/11, 56030, La Rosa - Terricciola (PI) ITALY www.ariannandfriends.com info@ariannandfriends.com OFFICE NUMBER & WHATSAPP: +39 348 3352039 Emergency Line: +39 3296168473 P.IVA: 01835170505 SDI: M5UXCR1

COMMUNITY TOURISM IN RURAL TUSCANY: EMBRACE, LEARN, AND CREATE LASTING MEMORIES

Dear Guests,

Allow us to provide you with a deeper understanding of who we are, our operational ethos, and, most importantly, why **choosing us is a distinctive experience**. Meet the faces behind Arianna & Friends: Arianna, Massimo, and our cherished companions Consuelo, Moira, Anna, Diletta, Yvonne, Luca, Cristiano, Alessandro and Davide.

What sets us apart from other tour operators is **our commitment to personal connection**. Our "Friends" include both collaborators and customers. When you book with us, you're not just a client; **you become our Tuscan friend**. To us, tourists are not mere visitors; they are embraced as friends, treated with the warmth reserved for dear companions when they explore our homeland. We take pride in **showcasing the beauty of our native land and crafting tailor-made itineraries for your Tuscan stay.**

Our tours and guided **visits to local farms, producers, and historical towns** are exclusively led by the internal staff of Arianna & Friends and selected collaborators who share our friendship. With us, you are not just getting guides; you are getting the **best – knowledgeable, passionate,**

enthusiastic, and fun story-tellers. We firmly believe that people make the difference in your tour experience. Don't you agree?



Our relationships with local producers go beyond business; they are friendships cultivated through **shared passion and dedication**. You'll have the opportunity to meet them, delve into their lives, companies, choices, and philosophies. Our goal is to offer a **highly personalized and authentic experience**, **selecting destinations that make you feel at home while immersing you in every aspect of our culture**.

In addition to tours, we arrange private chef services, cooking classes, private transportation, small civil and symbolic weddings, trekking, e-bike tours, and special packages, such as the ones including tickets to Teatro del Silenzio for Andrea Bocelli's annual event in Lajatico and vespa tours and a visit to the nearby Piaggio/Vespa Museum.

Operating in the "Terre di Pisa" region, we present a unique facet of the Tuscan countryside. In this small area, you'll discover a diverse range of captivating and typical Tuscan tours within a few kilometers. This distinct feature enables us to support local farms and offer day tours designed for visitors seeking an authentic experience, away from mainstream mass tourism.

Our goal is for you to feel part of a community, to grasp the various facets of our culture, and to become friends whom you can reconnect with whenever you return to our beautiful region. Let us assist you in creating memories that will last a lifetime. As one of our guests rightly put it: "With Arianna & Friends, you arrive as a friend and leave as family!"

Choose your favorite authentic cooking class in Tuscany

- Private cooking class at Rita's farm

Location: Montefoscoli

- Typical traditional menu
- Pasta menu
- Pizza menu
- Truffle menu
- Pastry and sweets
- Combine the class with a truffle hunt
- Combine the class with an Italian language lesson
- Combine the class with an olive oil tour

Shared cooking class at Rita's farm

- Pasta & Pizza menu
- Typical traditional menu

Location: Montefoscoli

Private cooking class at local wineries

Location: Terricciola or San Miniato



B. PRIVATE COOKING CLASS AT RITA'S FARM& MINERVA TEMPLE

Step into the charming world of Rita's farm in Montefoscoli, a rustic heaven that boasts a rich history spanning two centuries. The farm, a living testament to the bygone era, welcomes you with open arms. Here, amidst free-roaming chickens, donkeys, and other farm companions, you'll be treated to a panoramic spectacle of the enchanting Tuscan hills, with the picturesque town of Peccioli in clear view.

All our exclusive cooking classes offer more than just culinary delights – they include a visit to a **hidden gem, the XIX century Minerva Temple.** This historical site shares tales of noble families, poets, scientists, and even a connection to the fascinating world of Frankenstein!

Nestled within Rita's farm is "My Tuscan Kitchen," the ideal setting for preparing traditional recipes in a bucolic atmosphere. Families with young children are especially welcome. Our delightful local cooks and English-speaking staff are ready to guide you through the creation of Tuscany's most cherished dishes, using Rita's own wines and olive oil. And, of course, enjoy the experience with our signature unlimited wine offering.

What we provide is more than a cooking class – it's a complete immersion into our culture, traditions, and way of life. Our goal is to make you feel like part of the family as you cook alongside us. Choose from a list of dishes we offer, and embrace the personable, educational, and, above all, fun atmosphere.

Our courses vary in duration, lasting between 2 to 4 hours, depending on the menu and your leisurely enjoyment + time for the meal. This private activity is available every day upon request.

Select from the following exciting options:

- ✓ 2-3-4 Typical Tuscan Menu: Choose 2, 3, or 4 dishes from the provided menu list. CLICK HERE to see the menu list.
- ✓ **Pasta Lab**: Dive into the world of pasta-making, preparing pappardelle, stuffed pasta like ravioli or gnocchi, accompanied by two delectable sauces.
- ✓ **Pizza Class**: Master the art of pizza-making, from dough to toppings, including focaccia and a sweet pizza.
- ✓ **Truffle Menu**: Indulge in a truffle-themed culinary adventure, crafting 1 antipasto, 2 main courses, and 1 dessert, all featuring truffle-based products and fresh seasonal truffles.

Your rate includes a private guide, exclusive kitchen use, all ingredients, a delectable lunch or dinner, a private chef, kitchen aprons, a booklet for notes, and, of course, unlimited wine. Immerse yourself in the magic of Tuscan cuisine and create unforgettable memories.

More info: https://www.ariannandfriends.com/cooking-classes/cooking-on-farm-tuscany/













B2. 2-course typical Tuscan menu (choose any 2 dishes from the menu list) **OR**

B6. Pizza lab (focaccia, pizzas, sweet pizza)

€ 480 for 2 people

Additional person:

€ **55** adult

€ 45 teen (12-17 years)

€ **35** child (4-11 years)

B3. 3-course typical Tuscan menu (choose any 3 dishes from the menu list) **OR**

B7. Pasta class (2 types of pasta+ 2 sauces)

€ **530** for 2 people

Additional person:

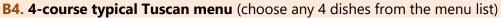
€ 60 adult

€ **50** teen (12-17 years),

€ **40** child (4-11 years)







OR B8. Pasta & Pizza (1 pasta with sauce + pizzas + sweet pizza)

OR B9. Pizza, Cecina & Tiramisu (several pizzas, traditional chickpea tart, typical tiramisu)

€ 580 for 2 people

Additional person:

€ 65 adult

€ 55 teen (12-17 years)

€ **45** child (4-11 years)



B10. Truffle menu (3 truffle-based dishes from the menu list+ selection of cheese & honey)

from 2nd January to 10th October, we will use fresh black or spring truffles

€ 610 for 2 people

Additional person:

€ **70** adult

€ 50 teen (12-17 years)

€ 40 child (4-11 years)

From 11th October to end of December we will use fresh winter white truffle too, with the following rates:

€ 690 for 2 people

Additional person:

€ 100 adult

€ 70 teen (12-17 years)

€ **55** child (4-11 years)









A. SMALL GROUP COOKING CLASSES AT RITA'S FARM

Immerse yourself in the secrets of Italian cuisine, connect with locals, and forge new friendships at Rita's farm. Our culinary school, My Tuscan Kitchen, offers two engaging hands-on shared classes:

1. Tuesday Classes - Typical Tuscan Recipes:

Every Tuesday, we delve into the world of typical Tuscan recipes. Using seasonal ingredients, we collaboratively craft a traditional Tuscan menu comprising 3 or 4 courses, depending on the freshest available produce.

2. Thursday Classes - Fresh Pasta and Pizza:

On Thursdays, our focus shifts to the art of fresh pasta and pizza-making. Weather permitting, we utilize the farm's wood-burning oven for pizza baking. Learn the art of crafting the perfect pasta dough, a delectable pasta sauce, and master the making of pizza dough, focaccia, pizzas, and even sweet pizza!

Meet Rita, her wonderful family, and the farm animals, including hens and donkeys. Visit the outside of the mysterious Tempio di Minerva located a few meters away from the kitchen and learn about the history of the noble family who has been owning the estate for over 200 years.

Share this culinary adventure with guests from around the globe, **creating a rich cultural exchange**. Discover the history, culture, and traditions of our land as you prepare and savor delicious meals together. Food is not just sustenance; it's a cultural experience, and as you master recipes, you'll gain insights into the history of Tuscany and Italy.

The ambiance at Rita's farm is inviting, laid-back, and familiar. Everyone is encouraged to actively participate in the cooking process, like in a family kitchen. For those who prefer not to cook, no worries – enjoy the explanations, wines, and delightful company while anticipating the delicious meal.

Have burning questions about Italian culinary mysteries? We've got you covered: Who invented Tiramisu, and what does the word mean?

What do the colors of the Margherita pizza symbolize, and who crafted the world's first pizza? How do you determine when pasta is al dente, and is throwing it at the wall a valid method?

This experience promises not only culinary education but also a joyful, interactive adventure suitable for the whole family.

Join us for a delightful blend of fun and learning! ©

More info:

https://www.ariannandfriends.com/cooking-classes/my-tuscan-kitchen/

A1. TYPICAL TUSCAN MENU

- From January 7th to February 25th: class starts at 10:00 am
- ➤ March 4th: special Carnival cooking class: starts at 3:30 pm*
- From March 11th to October 28th: class starts at 3:30 pm
- ➤ July 21st and 23rd and 24th special Bocelli week typical cooking class: class starts at 3:30 pm*
- November 4th and 18th: special truffle cooking class, starts at 10:00 am*
- November 11th and 25th: class starts at 3:30 pm
- > December 2nd, 9th: class starts at 10:00 am
- December 16th, 23rd and 30th: special Christmas cooking class, starts at 10:00 am*
- Not available on July 22nd

A2. PASTA & PIZZA

- > From April 24th to May 29th: class starts at 10:00 am
- From June 5th to September 11th: class starts at 3:30 pm
- From September 18th to October 23th: class starts at 10:00 am
- NOT on May 1st (moved to the 2nd May at 10:00 am) on July 24th (replaced with a typical menu)

Prices *:

Adult: 110 Euro

Teens (12-17 years): **80 Euro**Kids (4-11 years): **50 Euro**

Younger kids 0-3 years are welcome and free of charge

<u>The menu</u> for our shared classes is curated by our experienced staff. To ensure everyone's enjoyment, please inform us in advance of any food restrictions or allergies. Unfortunately, last-minute changes are not possible, so early notification is crucial to guarantee a menu that accommodates all participants.

^{*} Different rate for the special dates. Please see prices below:

A3 – Special dated for themed cooking classes

- ✓ Valentine's day romantic cooking class with dinner, Friday 14th February at 3:30 pm, € 130/adult
- ✓ Carnival-themed cooking class Tuesday 4th March at 3:30 pm € 120/adult, € 90 teen/kid
- ✓ Andrea Bocelli week cooking class with wines from Bocelli family, 21st, 23rd & 24th July at 3:30 pm € 120/person
- ✓ Halloween masquerade cooking class, Friday 31st October at 3:30 pm, € 130/adult, € 90 teen/kid
- ✓ Truffle cooking class with lunch, Tuesday 4th and 18th November at 10:00 am, € 140/adult, € 100/teen, €70/kid
- ✓ Christmas cooking class with dinner, 16th, 23rd and 30th December at 10:00 am, € 130/adult, €90/teen, €60/kid

Morning sessions conclude with a delightful lunch, while afternoon sessions wrap up with a satisfying dinner. In both cases, you'll savor the fruits of your labor, enjoying the dishes you've personally prepared.

Additionally, your experience includes:

- **Unlimited Wine:** Enhance your culinary journey with the wines produced at the farm.
- **Kitchen Apron:** Dive into the cooking process in style and comfort.
- **Booklet for Taking Notes:** Capture the essence of the recipes and techniques shared during the class.

Your experience beyond the kitchen with:

• A Visit to the Farm: Visit the rustic charm of Rita's farm, exploring the vibrant life of vineyards, olive groves, and the intriguing Minerva Temple.

For your convenience, the meeting point is at the Arianna & Friends office 15 minutes before the scheduled class time. Alternatively, you can meet directly at the farm at the specified calendar time. You'll find information about it in the confirmation voucher we will share at reservation. Punctuality is appreciated, as it is a self-drive service. In case of food restrictions, we will adjust the menu accordingly. Please inform us in advance

We look forward to welcoming you to a culinary adventure where every detail is crafted to ensure an unforgettable and enjoyable experience for all participants.





MENUS FOR THE SMALL GROUP SPECIAL THEMED COOKING CLASSES

Valentine's day romantic cooking class with dinner, Friday 14th February at 3:30 pm, € 130/adult

- Prosecco with Parmesan shavings and honey and balsamic vinegar
- Ravioli filled with ricotta, spinach, served with a saffron béchamel sauce, crispy guanciale, and almond flakes. Paired with a rosé wine
- Pork fillet with mushrooms and truffles. Paired with a red wine
- Chocolate and chili mousse with strawberries. Paired with a Moscato wine

Carnival-themed cooking class *Tuesday 4th March at 3:30 pm* € 120/adult, € 90 teen/kid

- Multicolored tagliatelle (saffron, tomato, spinach) with a white sausage ragù
- Meatballs in tomato sauce
- Rice fritters

Andrea Bocelli week cooking class with wines from Bocelli family – prosecco, white wine and red wine on at 3:30 pm € 120/person

Menu for July 21st and 24th

- Fried vegetables Tuscan style, including zucchini flowers
- Fresh pasta with Arianna's sauce: pork sausages, tomatoes, pine nuts
- Typical Green bean stew with meat stripes
- Strawberry tiramisu

Menu for July 23rd

- Italian Pizza, using the outdoor wood burning oven
- Cecina, type of flatbread made from chickpea flour, also baked in the oven
- Coffee and chocolate Tiramisu

Halloween masquerade cooking class, Friday 31st October at 3:30 pm, € 130/adult, € 90 teen/kid

- Bruschetta with new olive oil of the season
- Pumpkin gnocchi with a white sausage ragù and sesame seeds
- Pork fillet with porcini mushrooms
- Halloween biscuits with icing and decorations
- Boiled or roasted chestnuts

White truffle cooking class Tuesday 4th and 18th November at 10:00 am, € 140/adult, € 100/teen, €70/kid

- Typical fried egg with truffle on bread fried with truffle butter
- Risotto with truffle and burrata OR Fresh pasta with truffle sauce OR Potato gnocchi with truffle sauce
- Chicken scaloppine with truffle sauce
- Pecorino cheese with truffle honey

Christmas cooking class with dinner, 16th, 23rd and 30th December at 10:00 am, € 130/adult, €90/teen, €60/kid

- Mushroom crostini, crostini with stracchino cheese and walnuts, liver pâté crostini, chef's pickled veggies
- Ricotta and spinach cannelloni with tomato sauce
- Roast pork with traditional peas
- Ricciarelli, a traditional Italian almond cookies

MORE IDEAS FOR PRIVATE COOKING CLASSES **3**

D16. SHOPPING & COOKING LIKE LOCALS

Discover the true essence of Tuscan living with our "Shopping & Cooking Like Locals" experience. We invite you to actively participate in the preparation of your Tuscan cooking class by joining our guide on a shopping adventure in one of the enchanting hilltop towns near the cooking venue. Possible locations include Peccioli, Lajatico, Terricciola, or Palaia. By doing so, you not only enhance your experience but also contribute to supporting the local small communities of Tuscany.

Here's what the experience entails:

1. Shopping Excursion:

- Accompanied by our knowledgeable guide, explore the local little shops in the chosen hilltop town.
- Engage with local vendors, seek their advice on the best ingredients, and immerse yourself in the vibrant atmosphere.
- Experience the authenticity of Tuscan life as you select the freshest fruits, vegetables, the perfect cut of meat, or the finest piece of bread, just as the locals do.

2. Cooking Class:

- Drive to the cooking venue and embark on a culinary journey with our local cook.
- Learn the art of preparing a lunch featuring three traditional dishes, delving into the most typical family recipes of Tuscany.
- Throughout the class and lunch, indulge in local wines that complement the flavors of your creations.

By participating in this unique experience, you not only refine your culinary skills but also engage with the local community, fostering a genuine connection with the people and traditions of Tuscany. It's a delightful blend of cultural immersion and hands-on cooking, creating memories that linger long after the meal is enjoyed. Join us in supporting local communities and savoring the true essence of Tuscan life. CLICK HERE to see the menu list

More info:

https://www.ariannandfriends.com/cooking-classes/cooking-like-locals/



Available from Monday to Saturday

€ **580** for 2 people Additional person:

€ 60 adult

€ 50 teenager (12-17 years)

€ 40 child (4-11 years)

This is a private class

D17. COOKING LAB & GELATO TASTING

Prepare your taste buds and soul for an authentic treat! Indulge in the best of Tuscan cuisine and sweetness in a single, delightful day with our unique combination of a **typical cooking class and gelato tasting**.

MORNING - TYPICAL COOKING CLASS AT RITA'S FARM:

Join us for a hands-on cooking class at Rita's farm, where you'll <u>prepare two typical Tuscan dishes</u>. Whether it's pasta, gnocchi, meat, or vegetarian delights, the choice is yours for a personalized and flavorful lunch. In the company of our skilled cook, you'll unlock the **secrets of Italian cuisine and actively participate in the creation of dishes** deeply rooted in our tradition. It's not just about cooking; it's about sharing an experience that transcends flavors.

AFTERNOON - GELATO TASTING IN PECCIOLI:

Following this enjoyable and educational cooking session, embark on a short drive to the enchanting **hilltop town of Peccioli**. Marvel at its **majestic suspended terrace and distinctive arabesque bell tower**, setting the stage for the next chapter of your culinary adventure.

Here, you'll meet Lorella, the owner of a renowned pastry shop, and her son **Nicolò**, a master of crafting excellent organic gelato. Delight in the rich flavors made with love and precision, using traditional and artisanal methods. Nicolò carefully selects the finest local ingredients, resulting in gelato flavors that are not only unique but incredibly delicious. Indulge in the discovery of at least three of his special gelato creations, each offering a taste of Tuscany's culinary excellence.

This journey promises a fusion of education, fun, and tantalizing flavors—a true celebration of Tuscan culinary traditions and the joy they bring to the palate. Join us for an experience that combines the warmth of tradition with the **delightful surprises of artisanal gelato in the charming town of Peccioli.**CLICK HERE to see the menu list

More info:

https://www.ariannandfriends.com/cooking-classes/cooking-gelato-tasting/



Available on Tuesday, Wednesday, Thursday, Friday

€ **580** for 2 people Additional person:

€ 60 adult

€ 55 teenager (12-17 years)

€ **45** child (4-11 years)

This is a private class





D8. COOKING CLASS IN THE HOME KITCHEN OF A TUSCAN PAINTER AND WINE MAKER, WITH WINE TASTING

Embark on a truly exceptional experience that promises to be the highlight of your Tuscan journey. Our Cooking Class in the Kitchen of a Tuscan Painter and Wine Maker offers more than just a culinary adventure; it's an immersion into the lives of a creative and joyful couple. This happy duo comprises a passionate wine maker and a talented painter, and you'll have the privilege of **being welcomed into their lovely Tuscan private home.**

What to Expect

- **Local Cooks and Storytellers:** Meet our local cooks, true storytellers of Tuscan culinary traditions, who will guide you through an authentic cooking class.
- **Unique Setting:** Immerse yourself in the warm ambiance of a charming Tuscan home, where creativity and joy are woven into every corner.
- Wine Tasting with the Winemaker: Engage in delightful conversations with the wine maker, who will also serve his exquisite wines, expertly paired with the dishes you prepare. It's an opportunity to learn about the art of winemaking from someone truly passionate about their craft.

Cooking Class Highlights:

• **Typical 3-Course Meal:** Enjoy a hands-on experience crafting a typical Tuscan 3-course meal. Learn the secrets of Italian food, gaining valuable insights that will empower you to recreate an authentic Italian feast for your friends back home.

It's a rare opportunity to share a meal in the **intimate setting of a Tuscan home**, surrounded by art, passion for wine, and the rich flavors of Italy. Be prepared for an unforgettable experience that goes beyond traditional cooking classes, leaving you with cherished memories and newfound culinary skills. A very special experience which is likely to become the highlight of your trip in Tuscany.

During the meal you'll have the pleasure of **talking to the wine maker and he will serve 6 of his delicious wines pairing the dishes** you'll have prepared. The cooking class includes the preparation of a typical 3 course meal and you'll learn the secrets of Italian food, useful for recreating a delicious Italian meal for your friends at home. **CLICK HERE** to see the menu list

More info:

https://www.ariannandfriends.com/cooking-classes/cooking-at-the-painter-house/



Available from Monday to Friday

€ **680** for 2 people Additional person:

€ 110 adult

€ 80 teenager (12-17 years)

€ **60** child (4-11 years)

This is a private classFor parties of max 16 people

L₁₀. LEARN ITALIAN WHILE COOKING

Do you want to learn Italian in an unusual way? Embark on a unique journey to learn the Italian language through a hands-on cooking experience with your teacher Massimo.

WHAT TO EXPECT

Cooking and Learning:

- Prepare fresh pasta and a delectable dessert under the guidance of your Italian language teacher.
- Dive into the technical words and expressions related to food, household items, and various subjects that will prove invaluable for daily use of the Italian language.
- Throughout the experience, find opportunities to engage in written exercises and grammar revision, ensuring a holistic language learning approach.

Culinary Delights:

- Enjoy a satisfying lunch or dinner with your teacher, savoring the fruits of your culinary efforts.
- If you're inclined, participate in the cleanup process, providing an additional opportunity to learn more vocabulary related to household chores.

Location:

• The setting for this unique experience is our farm in Montefoscoli (Palaia), offering a picturesque backdrop for your language and culinary adventure.

This immersive day allows you to absorb the language in a practical and enjoyable way. Join us for an unforgettable day where the art of cooking and language learning converge to create a truly authentic Tuscan experience.

CLICK HERE to see the menu list

More info:

https://www.ariannandfriends.com/day-tours-activities/learn-italian-with-massimo-while-cooking/



Available from Monday to Saturday

€ **480** for 1-2 people Additional person:

€ 50 adult

€ 45 teenager (12-17 years)

€ 40 child (4-11 years)

This is a private class

F26. A SPECIAL WINERY: MONOVARIETAL WINES AND PASTA MAKING LAB

Discover a truly special winery experience at a **family-run establishment in San Miniato**, where **brothers Federico and Fabio have embraced the challenge of crafting exceptional monovarietal wines and blends**.

This unique adventure invites you to:

Winery Exploration:

- Join Federico and Fabio for a **walk through the vineyards**, gaining insight into their innovative ideas and winemaking philosophy.
- Uncover the distinctive production of single-varietal wines, including 100% Ciliegiolo, Colorino, and 100% Trebbiano.
- Sample a diverse selection of wines, from their groundbreaking sparkling varieties to young reds, whites, a top cru wine, and a superb dessert wine.

Pasta Making Lab:

- Experience the art of **pasta making in an interactive lab**. Craft your own fresh pasta and a delicious sauce with hands-on guidance.
- Witness the magic as your pasta creation is transformed into a delicious lunch, complemented by local specialties prepared by Mamma Concetta that perfectly complement the wines.

This exclusive winery not only offers a tasting of **6 exceptional wines** but also invites you to be a part of the culinary process, creating a unique connection between the flavors of their wines and the art of pasta making. It's a journey through the senses, celebrating the passion and dedication that define this special winery in the heart of San Miniato wine valley.

More info:

https://www.ariannandfriends.com/wine-food-tours/wine-tour-pasta-making-class/



Available from Monday to Saturday

€ **560** for 2 people Additional person:

€ 100 adult

€ 80 teen (12-17 years)

€ **60** child (4-11 years)

This is a private class

H4. TRUFFLE HUNTING & TRUFFLE COOKING CLASS

Would you like to learn how to **search for truffles and make your own truffle-based lunch**? In the enchanting world of truffles, you'll learn how to hunt for these culinary treasures and master the art of cooking with them.

Here's what our exclusive tour entails:

TRUFFLE HUNTING TOUR AND COOKING LESSON:

1. Introduction at Rita's Farm:

- Your guide will provide an interesting introduction to the fascinating world of truffles at Rita's farm.
- Learn about the upcoming truffle hunting walk in the woods and gather insights into the different truffle varieties found seasonally.

2. Truffle Hunting Expedition:

- Join one of our skilled truffle hunter, Antonio or Alberto or Daniele and their trusty dogs Aldo, Pato or Ciro, on a captivating journey through the woods.
- Discover the hidden places and various techniques employed to unearth seasonal truffles, ranging from **Summer black truffles to Spring or Winter white truffles**, according to season.

3. Cooking Lesson:

- Return to the farmhouse kitchen and embark on an engaging cooking lesson.
- Explore the creation of truffle-based specialty dishes, including homemade fresh pasta or risotto, egg-based dishes, meat- or potato-egg dishes and a truffle-scented dessert.

4. Truffle-Based Lunch:

- Savor the fruits of your labor with a delectable truffle-based lunch.
- Accompany your meal with locally sourced wine, enhancing the flavors of this unique and immersive culinary experience.

This tour promises not just a truffle hunting adventure but a comprehensive exploration of truffle-based cuisine, blending hands-on experience with the rich traditions of local gastronomy. Join us for a day of discovery, indulgence, and the unforgettable aroma of truffles.

More info:

https://www.ariannandfriends.com/wine-food-tours/truffle-hunting-pasta-making-tuscany/



Available from Monday to Saturday

Low Season (Jan-Aug)

€ **790** for 2 people Additional person:

€ 110 adult

€ 90 teenager (12-17 years)

€ 70 child (4-11 years)

High Season (Oct-Dec)

€ **940** for 2 people Additional person:

€ 150 adult

€ 120 teenager (12-17 years)

€ 90 child (4-11 years)

This is a private class

D14. CLASSICAL COOKING CLASS WITH OLIVE OIL TOUR AND VISIT TO THE OIL MILL

Curious about the **secrets of using olive oil in the kitchen**? Ever wondered why Italian dishes are so delectable and the crucial role extra virgin olive oil plays? Eager to craft superb dishes with olive oil as the star ingredient? Enjoy our cooking and olive oil experience, and **watch your culinary skills transform forever.**

Join us at Rita's farm, an idyllic rural setting where you'll **delve into the world of olive trees and olive oil production**. Guided by our expert, **take a leisurely stroll through the olive groves** and engage in a fascinating **blind tasting of various olive oils** to discern the vast differences between a quality extra virgin olive oil and a commercial counterpart.

Enjoy a private cooking class dedicated to maximizing the potential of olive oil in culinary creations, aligned with the principles of the Mediterranean diet.

Utilizing freshly extracted olive oil, you'll learn to elevate a traditional legume soup, craft the foundation for a savory meat or vegetarian sauce, season bruschettas or salads, and even bake a delightful olive oil cake!

Following the class, relish a meal featuring the delicious olive oil-based dishes you've prepared.

The day isn't over yet. Accompanied by your private guide, you'll also visit an olive oil mill, rounding out the experience with insights into the details of olive oil production.

More info:

https://www.ariannandfriends.com/cooking-classes/cooking-with-oil-tour/





Available from Monday to Saturday

€ 620 for 2 people Additional person:

€ 60 adult

€ 50 teen (12-17 years)

€ 40 child (4-11 years)

This is a private classFor parties of max 12 people

D10. VEGETARIAN CLASS WITH ORGANIC, ANCIENT GRAINS

Are you prepared for the **most nourishing cooking class in Tuscany?** We will utilize ingredients sourced from a **local organic farm cultivating grains, cereals, and legumes with ancient origins** that precede the industrialization of farming in the 50s and 60s.

These ancient grains, such as spelt and farro, boast not only a rich historical legacy but also pack a nutritional punch. Unlike modern, heavily processed flours, ancient grains offer a **healthier** alternative as they retain more of their original nutrients, including fiber, vitamins, and minerals. Furthermore, they often exhibit a lower gluten content, making them a favorable choice for those with gluten sensitivities.

During the class, we'll explore into the fascinating history and nutritional benefits of these ancient grains. Learn why they are a superior choice for promoting digestive health and providing sustained energy. Discover how incorporating these grains into your diet contributes to a more wholesome and fulfilling culinary experience.

At Rita's farm, enjoy a hands-on experience and discover firsthand, **through touch, taste, and aroma**, the enhanced flavor these unique organic products bring to dishes. Your stomach will also thank you, as **food prepared with ancient grain products is both wholesome and easily digestible**.

Choose <u>any three courses</u> from the following menu selection:

- Fresh pasta with a vegetarian sauce
- Salad of spelt or farro, adorned with seasonal vegetables
- Legumes (chickpeas or beans) or grain soup,
- Panzanella bread salad with tomatoes, cucumber, onion, and basil
- Pappa al pomodoro bread thick soup with tomato sauce, garlic, sage, and basil
- Cookies or biscuits with almonds or chocolate

More info:

https://www.ariannandfriends.com/cooking-classes/ancient-grains-tuscany/

EXTRA: Enhance your tour by booking an **extension that includes a visit to the grain farm, its mill, and its bakery**. This optional addition adds an extra hour to your experience.





Available from Monday to Saturday

€ 560 for 2 people Additional person:

€ 55 adult

€ 45 teen (12-17 years)

€ **35** child (4-11 years)

1-hour tour Extension: **€80 per party**

This is a private class

D12. PASTRY CLASS AT RITA'S

Indulge your sweet tooth in our pastry class at Rita's! If you have a fondness for **traditional desserts** and cookies prepared in Tuscan homes, this is the culinary experience for you.

Under the guidance of our local cook, you'll immerse yourself in the art of crafting three quintessential desserts. Choose three from beloved classics such as

- "Tiramisu", either traditional with coffee & chocolate, or with strawberries and chocolate or with oranges and cinnamon
- Fruit tart with Tuscan custard "Crostata di frutta"
- Chocolate salami-shaped cake "Salamino"
- Chestnut flour pancakes with ricotta cheese "Frittelle di farina di castagne"
- Traditional chocolate and pear cake "Torta cioccolato e pere"
- Festive specialties like "Ricciarelli", almond-flour-based
- Typical almond & chocolate biscuits "Cantuccini"
- Type of pie filled with Tuscan custard and pine nuts "Torta della nonna"
- Traditional apple cake Tuscan art "Torta di mele"
- Tuscan trifle with custard, sponge biscuits and liquor "Zuppa inglese"
- Sweet bread oven baked, with grapes and sugar (only August-December) "Schiacciata con l'uva"

Everything you create during the class will be savored as a "merenda," the customary Italian snack, alongside coffee or tea. Additionally, any leftovers will be carefully packed for you to take home, allowing you to share the sweetness of your creations with family and friends.

Unleash your creativity in the kitchen and start a journey with us to master the time-honored recipes that have graced Tuscan tables for generations. Join us at Rita's for a pastry class that promises not only delectable treats but also the joy of sharing them with your loved ones.

More info:

https://www.ariannandfriends.com/cooking-classes/pastry-making-tuscany/

EXTRA: As an additional option, our cook is delighted to prepare a **savory dish for you** to enjoy before indulging in the desserts you've created. Please note that this light/dinner lunch incurs an extra charge





Available from Monday to Saturday

€ 480 for 2 people Additional person:

€ **50** adult

€ 40 teen (12-17 years)

€ **30** child (4-11 years)

Light lunch/dinner as extra: €15 per person

This is a private class

D18. PRIVATE COOKING CLASS FOR LARGE GROUPS

Tailored solutions for groups of 15-60 people.

If you're planning a remarkable cooking class in Tuscany for your family, friends, or colleagues, and you require an expansive cooking space, we have the perfect solutions designed just for you.

Collaboration with Local Wineries

Our partnerships extend to several charming local wineries, each offering spacious rooms and fully equipped kitchens. It's in these picturesque settings that we orchestrate **engaging and educational hands-on cooking classes for groups, creating unforgettable moments** against the backdrop of the Tuscan hills.

Customizable Menus for Varied Tastes

Our typical menu includes crafting a delightful **panzanella salad**, preparing **fresh pappardelle** with a choice of **meat or vegetable sauce**, and concluding with the creation of a traditional **tiramisu**. However, recognizing the diverse tastes and preferences within groups, we take pride in our ability to customize the menu to cater specifically to your group's culinary desires and any dietary requirements.

Immersive Winery Experience

Beyond the culinary adventure, our immersive experience includes a **guided visit to the winery**, a tour of the wine cellars, and a **tasting session featuring four exquisite wines** produced right on-site during the meal. This transforms your cooking class into a full-sensory journey, seamlessly blending culinary expertise with the rich traditions of Tuscan winemaking.

More info:

https://www.ariannandfriends.com/cooking-classes/private-group-class/





Available from Monday to Saturday

For minimum 15 adults

€ 140 per person

For minimum 25 adults

€ 120 per person

For minimum 35 adults

€ 110 per person

€ 90 teen (12-17 years), € 60 kids (4-11 years)

This is a private class

D19. EXCLUSIVE VEGAN CULINARY EXPERIENCE

Embark on a journey into the heart of authentic Italian and Tuscan cuisine with our **Private Vegan Cooking Class that blends heritage and innovation**, crafting exquisite plant-based dishes inspired by centuries-old practices.

Discover the **rich history behind our vegan ethos, rooted in the agricultural tapestry of Tuscan life.** In a time when cultivating the land was a way of life, the necessity of sustainability led to the creation of a vibrant vegetarian and vegan culinary legacy. **It's about timeless tastes**: we bring age-old recipes to life in a modern context. Wines included.

Savor the experience, and select any 4 dishes from the following options.:

Antipasti:

Panzanella: A symphony of flavors in a traditional bread and vegetable salad.

Verdure Grigliate: Grilled vegetables adorned with a parsley, garlic, and chili pepper topping, served on rustic bread.

Verdure Fritte: Crispy deep-fried vegetables that redefine indulgence.

Crostini ai Funghi: Mushroom bruschettas presented in two delectable versions.

Bruschetta al Pomodoro: A burst of freshness in a classic tomato bruschetta.

Main Courses:

Pappa al Pomodoro: Immerse yourself in the warmth of a typical bread and tomato thick soup.

Minestra di Ceci: A soul-soothing chickpea soup.

Minestra di Fagioli: A hearty beans soup that pays homage to tradition.

Risotto ai Funghi: Delight your senses with a decadent mushroom risotto.

Risotto Zucchini e Pinoli: A symphony of flavors with zucchini and pine nuts.

Fagioli Rifatti: Experience comfort in a stew of beans and rich tomato sauce.

Fagiolini in Umido: Elevate green beans to a whole new level in a savory stew.

Desserts:

Dolce all'Olio: Indulge in the luxury of an olive oil-based cake.

Biscotti alle Noci: Crunch into the perfection of nut-based biscuits.

Frittelle di Farina di Castagne: Conclude your feast with the sublime sweetness of chestnut flour pancakes.

More info:

https://www.ariannandfriends.com/cooking-classes/vegan-culinary-experience/





Available from Monday to Saturday

€ 580 for 2 people

Additional person:

€ 60 adult

€ 50 teenager (12-17 years)

€ 40 child (4-11 years)

This is a private class

D20. FIAT 500 trip & PASTA MAKING

Live a memorable day in Tuscany by **driving the iconic Fiat 500 vintage car and reaching our cooking school for a typical Tuscan lunch, where you'll make your own fresh pasta from scratch.**

The itinerary begins in Lucca. Here, you'll meet the car rental representative who will introduce you to properly using the vintage car. From there, you'll start driving towards your first destination: Montefoscoli, where our cooking venue is located. **Along the way, you'll pass through small villages, and you can make stops to take pictures or enjoy some refreshments**.

The journey from Lucca to Montefoscoli is 50 km, and it takes approximately 1.15 hours to drive. However, you can choose to leave early in the morning, stop along the way, and make some little diversions to the Compitese area, Bientina, Buti, Pontedera (the town of the Vespa), and Vicopisano. Some stops can also be made after lunch on the way back.

It's important to arrive at the cooking venue no later than 12 pm for pasta preparation with the assistance and instructions of our local cook. **Together, you'll create delicious fresh pasta, which will be part of a well-deserved lunch served at 1 pm**. The lunch includes antipasti, your pasta, a delectable sauce, and a tasty dessert.

For those who won't be driving afterward, wine from the farm will be served. Following that, there's some free time to visit the farm and enjoy the view. **This experience can be a romantic one for two or a fun adventure to share with family and friends**, with a maximum of 10 people allowed.

If you have a larger group, we will need to change the cooking location and provide a new quotation for the entire package.

Take a journey into the 60s for a timeless experience that combines classic Italian style with the unique beauty that only the Tuscan countryside can offer. Step on board our vintage Fiat 500 cars, travel back in time, cook with us, and create memories that will last a lifetime.

More info:

https://www.ariannandfriends.com/cooking-classes/fiat-500-pasta-making/



Available from Monday to Saturday

€ 780 for 2 people, 1 x 500 car

€ 1180 for 4 people, 2 x 500 cars

€ **1580** for 6 people, 3 x 500 cars

€ **1980** for 8 people, 4 x 500 cars

€ 2380 for 10 people, 5 x 500 cars

Additional person on board: adult € 60, teen/kid € 40 Additional adult on a separate 500 car (single used) € 350 Prices include:

- Self-drive rental
- Rental day from 10 am to 7 pm
- 100 km for each day. Km in excess extra cost of euro 1,00 per km.
- Insurance coverage PLUS (civil liability + up to € 2.350 of damage)
- Cooking experience
- Full lunch
- Wine for the non-drivers





BOOKING FORM

		DETAI	I C OF CUSTONATO				
DETAILS OF CUSTOMER * This					on is compulsory to complete	booking	
FIRST NAME *			LAST NAME *				
E-mail address *			Billing address*	Please, provide a billing address for our receipt of payment. It's mandatory . It is only for billing issues and nothing will be mailed.			
Telephone number while in Italy							
Name of your accommodation	Please, provide the name of you	ır hotel/B&B/resort:	N. of adults in your party *	N. of teens * 12-17 years old	N. of children * 4-11 years old		
Food restrictions Last minute changes are not			,				
		DE	TAILS OF SERVICES				
DATE & TIME OF SERVICE You can list more than one date if you are booking multiple services		CODE As per catalogue. E.g.:B3	NAM	TOTAL RAT	E		
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Please be aware of our cancellation policy below. Last minute cancellations for any reason are non-refundable.					OUNT €	00	

HOW TO BOOK BY CREDIT CARD Booking by credit card with full payment in advance, using the form below.

AUTHORIZATION OF CHARGE TO CREDIT CARD								
The credit card holder								
Name(s) Surname								
authorizes the withdrawal of the above-mentioned total amount from the following	ISA							
credit card: VISA MASTERCARD	asterCard							
Card Number								
Expiry date								
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This is a personal card ☐ OR this is a business c	ard 🗆							
NOTES ON BOOKINGS VIA CREDIT CARD								
In case of payments through a EU and non-EU business card the charge will be in Euro.								
In case of payments through a EU personal card the charge will be in Euro.								
In case of payments through a non-EU personal card, the charge will be in the currency of card's account. This means that the amount of the charge will be reckoned on the conversion rate of the day of the transaction.								
Markups or commissions applied by the tour operator's bank and the credit card holder's bank may apply.								

HOW TO RETURN THIS BOOKING FROM

The form is valid as a booking contract for the services agreed on and listed here above. Print these pages, fill in and scan them or take a picture of them with your smartphone and make a JPG file. Alternatively, use a pdf printing program. Send the completed booking form to our main e-mail address info@ariannandfriends.com or via whatsapp to +39 348 3352039.

HOW TO BOOK BY BANK TRANSFER

Booking through bank full payment in advance using the form above. Please **make sure** that all bank fees are charged to your bank account and that the payment is made in Euro (EUR - €).

HOW TO BOOK BY BANK TRANSFER

Please, make sure that all bank fees are charged to your bank account that the payment is made in Euro

Beneficiary Name: Arianna and Friends s.r.l. Beneficiary Address: Via G. Carducci 9, 56037 Peccioli (PI). Bank name: BANCA POPOLARE DI LAJATICO S.C.p.A. Bank Address: Via Mezzopiano, 2, 56033 Capannoli (PI), Italy,

IBAN: IT66 F052 3270 9200 0000 0030 023 BIC/SWIFT: BLJAIT3LXXX Please, send us a copy of the transaction to info@ariannandfriends.com or WhatsApp to +39 348 3352039.

CANCELLATION POLICY

In case of cancellation by customers, they are requested to contact Arianna & Friends immediately. The percentage of the entire amount of the booking to be retained as a cancellation fee depending on the number of days preceding their activity date can be seen below

FROM	то	Cancellation fee
Reservation day	50 days before the date of the booked service	30%
49 days before the date of the booked service	30 days before the date of the booked service	50%
29 days before the date of the booked service	15 days before the date of the booked service	70%
14 days before the date of the booked service	0 days before the date of the booked service	100%

DATA PRIVACY POLICY

The tour operator and travel agency Arianna & Friends Srl (here defined as the T.O.) through the website Ariannandfriends.com and through this catalogue complies with the General Data Protection Regulation (Regolamento Europeo n.2016/679). The T.O. understands the importance of maintaining the confidentiality of the information stored about the traveler while providing services. Contacts and other personal data the customer supplies are stored by the T.O. and will be used to provide the customer with the information they have requested. The collected information may be used by the T.O.'s staff to keep the customer updated about its newest activities and events. The T.O. will never willfully disclose identifiable information about any customer to any party without first receiving permission from that person. Yet, the T.O. is obliged to pass such information on to the relevant suppliers of accommodation or transfer service, and, if required by them or by law, to security or credit checking companies and public authorities such as customs/immigration offices. The customer can remove any of the information that the T.O. stores about them, at any time, by sending an email to info@ariannandfriends.com or through a request of deletion from the T.O.'s mailing list.

This travel contract is understood, accepted and agreed by		
The Tour Operator & Travel Agency Arianna & Friends	The Customer	
Lucustosi		